



*Since a vacation in Santorini would not be complete without some pampering, Vedema Resort welcomes you to its fully equipped spa.*

*Try a deeply relaxing and therapeutic aromatherapy massage with a variety of facial and body treatments that will relax your body and mind.*

*Experience the most ancient methods of Scalp massage and Reflexology.*

*A work out in our Cybex-equipped fitness centre or the experience of Olive Oil massage sessions is the most enlightening experience. Lay back comfortably and enjoy a unique journey in the land of senses.*

*For every 80 minute massage, we include reflex and scalp massage.*

## Massages

- *Aromatherapy Massage* *50 min 80.00€  
80 min 100.00€*

A deeply relaxing and therapeutic massage utilizing a combination of techniques to harmonise and rejuvenate the body. A customized blend of essences is selected to meet the needs of each individual guest by promoting a state of harmony and increased wakefulness.

- *Traditional Olive Oil Massage* *50 min 80.00€  
80 min 100.00€*

Try a unique source of relaxation and indulge yourself with the most powerful and natural products. The relaxing full body movements create a feeling of supreme serenity and softness. The vitamin E which is included will protect, nourish and moisturize your skin completely.

- *Deep Tissue Massage* *50 min 120.00€  
80 min 140.00€*

A specific therapeutic manual massage on the whole body adjusted to your needs. Release your tension, stress and aching muscles with strong pressure techniques. Creating a balance of energies, by improving the circulation system in difficult conditions. A customized blend of oils is selected for optimum results.

- *Scalp Massage & Reflexology* *60 min 120.00€*

This treatment focuses on the head, back and shoulder areas, offering deep relaxation to the mind and body. A coconut-avocado oil mask for hair compliments the session, nourishing the scalp and conditioning the hair. Reflexology is based on the principle of concentrating in areas, or reflex points on the soles of the feet that correspond with each organ, gland and structure in the body. A relaxing as well as grounding experience leaving you with a sense of well being.

- *Hot Stone Massage* *80 min 120.00€*

Volcanic stones which were blown into the ocean thousands of years ago are used for this massage. The constant movement of the waves has gently tumbled and smoothed the sharp edges of the stones. Energy from the volcano (fire) combined with the ocean waves (water) gives the stones a nice balance of energy. Hot Stone Massage is a unique treatment of heated stones applied with essential oils to the body in ways that bring relief to sore and stiff muscles, release tension and create tranquillity and a more balanced flow of energy.

- *Four Hands Massage* 60 min 140.00€

Two therapists can offer you the absolute experience of your favourite type of massage with synchronized movements.

- *Anti Stress Back Massage* 30 min 60.00€

Concentrating on the back, neck and shoulders, the masseur will help you relieve stress and tension from your muscles.

- *In Room Massage* 50 min 130€  
80 min 150€

Select the massage of your choice in the privacy of your room.

- *Double Massage* 50 min 100€  
80 min 130€

Enjoy with your partner, best friend or your loved one the experience of enjoying the relaxation you want, in any type of massage. Two massage beds in a spacious canava cabin will satisfy your desire.

## **Facials**

- *Decleor Aroma Expert Facial* 90 min 90.00€

A facial treatment line. A perfect combination of natural ingredients with unique massage techniques, tailor made to your individual needs.

- *Mediterranean Skin Food Express* 30 min 50.00€

A treatment based on the nourishing and antioxidant ingredients of the Mediterranean diet that offers complete care for every skin type and combines all the necessary steps for effective rejuvenation. The ideal solution for those who want to enjoy immediate results with a short treatment.

- *Wine Elixir Facial* 60 min 85.00€

An anti-aging treatment which increases the production of collagen and reduces even the deepest wrinkles while lupin improves elasticity and restores the contours of the face. “Acupressure diffusion” technique helps the active ingredients penetrate the deeper skin layers to maximize their effect. Treat yourself to a natural lifting experience that will give you immediate and visible results.

- *Queen Bee Facial* 60 min 85.00€

A “Royal treatment” based on the beneficial properties of royal jelly and honey to restore and firm the skin. The unique face massage activates selected energy points (acupressure points) and helps the regeneration and restoration of the skin. Enjoy this journey into the world of bees, which will leave even the most demanding skin satisfied.

## **Body Treatments**

- *Decleor Aroma Body Envelopment Treatment* 60 min 80.00€

A specific body treatment helps improve your skin condition with the use of specific essential oils in conjunction with nutritional elements. A personalized body treatment that leaves the body detoxified and tranquil by giving you that smooth feeling.

- *Algotherapy with Spirulina & Bitter Orange* 80 min 80.00€

An intensive firming and anti-aging skin treatment. Natural active ingredients such as spirulina, ivy extract, green tea and centella, together with natural action of essential oils, such as lemon and juniper, act collaboratively to restore firmness of the skin. Algotherapy gives visible improvement to the appearance of the skin, especially after spells of dieting or pregnancy.

- *Queen Bee Body* 80 min 80.00€

The honey, initially crystallized, exfoliates the body while at the same time moisturizes and softens the skin. The fresh royal jelly nourishes, rejuvenates and restores glow and vitality. This sweet treatment improves the texture of the skin as well as spiritual wellbeing.

- *Choco Euphoria Delight* 80 min 80.00€

There is no enjoyable experience other than a body massage with the gentle touch of warm chocolate. Feel the euphoria of the black chocolate that activates the production of endorphins, which improves the mood and gives the sense of wellbeing and relaxation.

- *Aloe Deep Hydration* 80 min 80.00€

Strengthen your skin's natural defences with a treatment that deeply hydrates and balances skin moisture levels. A combination of a relaxing massage and a cucumber face mask that revives you after a long day. An effective treatment for dry dehydrated skin and ideal after excessive sun exposure.

## **Rituals** (Champaign glass & fruit salad as compliments)

- *Absolute Spa Ritual* 190 min 210.00€  
Aromatherapy Massage 50'  
Decleor Aroma Expert Facial  
Spa Manicure
- *Queen's Bee Ritual* 170 min 185.00€  
Queen Bee Facial  
Queen Bee Body  
Basic Pedicure
- *Tropical Glow* 180 min 205.00€  
Choco Euphoria Delight  
Olive Oil Massage 50'  
Spa Pedicure

• *Men's Total Harmony* 140 min 235.00€  
Deep Tissue Massage 50'  
Decleor Aroma Body Envelopment Treatment  
Mediterranean Skin Food Express

• *Vedema Relax Ritual* 190 min 220.00€  
Hot Stone massage 80'  
Aloe Deep Hydration  
Basic Pedicure

## **Manicure & Pedicure**

*Spa Manicure (50min), Price: 55.00€ (Hand and nail grooming, peeling, mask and massage)*

*Spa Pedicure (50 min), Price: 60.00€ (Feet grooming, peeling, mask and massage)*

*Basic Manicure (30 min), Price: 30.00€*

*Basic Pedicure (30 min), Price: 35.00€*

*Polish Change Hands or Feet (15 min), Price: 15.00€*

*Strass on Nails, Price: 4.00€ per nail*

*Nail Art, Price: 3.00€ per nail*

*Fake Nails, Price: 120.00€*

*French Fake Nails, Price: 120.00€*

*Filling (Fake Nails), Price: 70.00€*

*Revanishing (Fake Nails), Price: 18.00€*

**Waxing** (We use calendula lotion, lavender oil and very skilled hands to prevent any irritation)

*Face: 18.00€*

*Arms: 23.00€/ Half Arm: 15.00€*

*Belly: 9.00€*

*Underarms: 18.00€*

*Back: 23.00€*

*Chest: 28.00€*

*Bikini: 23.00€*

*Half Leg: 20.00€*

*Bikini/Half Leg: 38.00€*

*Full Leg: 25.00€*

*Lips: 9.00€*

*Eyebrows: 9.00€*

### **Make Up**

*Price: 39.00€*

### **Sauna, Turkish Bath & Fitness Centre**

*Free of charge.*

### **Etiquette**

- The spa and fitness centre environment is a strictly non smoking areas
- We kindly ask that all cell phones are switched off while at the spa.
- We provide towels, bathrobes, disposable underwear, slippers and personal amenities with complimentary fresh fruit and herbal tea while at the spa.
- All guests are kindly requested to complete and sign a health and lifestyle questionnaire prior to facial, body and massage treatments.
- Please arrive in advance (minimum 10 mins) before your appointment.
- Please notify Reception of any cancellation or delay at least five hours prior to your appointment to avoid a 50% cancellation fee.
- During treatment please let your therapist know if you are feeling comfortable or uncomfortable. If the pressure is weak or too firm. Your comfort, care and wellbeing are our main concern and priority.
- A glass of Champaign and fruit salad is offered complimentary at the end of the session.
- The Vedema Spa is appropriate for guests above the age of 16 years.

**Spa Opening Hours: 9:00am – 9:00pm**

Please contact Reception anytime in order to book your appointment.